

SUN	MON	TUE	WED	THUR	FRI	SAT
ROOM KEY LR1 - 1st Floor Living Room LR2 - 2nd Floor Living Room	LR3 - 3rd Floor Living Room CA - Creative Arts Room FC - Fitness Center PR - Pool Room	SS - Seaside Salon CR - The Chart Room			8:30 Salon Services (SS) 1 9:30 Aqua Aerobics (PR) 10:00 Sing-A-Long with Jeanette (LR1) 3:00 Happy Hour! - Soul Gal Performs! (LR1)	10:00 BINGO (CR) 2 5:30 Communion (CR) 6:30 Canasta Club (CR)
3:00 Cribbage Club (CR) 3 6:45 Poker Game (LR2)	<i>Labor Day Happy Birthday Bernice!</i> 4 9:30 Aqua Aerobics (PR) 10:00 Catholic Mass (CR) 2:00 Knitting Circle (CR) 3:30 Labor Day Celebration! - Eddie Lee Van Zant Performs! (LR1)	<i>Happy Birthday Midge!</i> 5 9:30 Catholic Service (LR3) 9:30 Walking Group (LR1) 10:00 Sit & Be Fit (FC) 10:30 Community Meeting (CR) 2:00 BINGO! (CR) 3:15 Bridge Club (CR) 6:45 Poker Game (LR2)	8:30 Salon Services (SS) 6 9:00 Aqua Aerobics (PR) 10:45 Shopping & Errands 3:00 Pet Therapy with Simba! (LR1) 3:30 Wine & Cheese - Bill & Stephen Perform! (LR1)	8:30 Salon Services (SS) 7 9:30 Walking Group (LR1) 10:15 Tai-Chi with Sara! (CR) 2:00 BINGO (CR) 3:15 Bridge Club (CR) 6:45 Poker Game (LR2)	8:30 Salon Services (SS) 8 9:30 Aqua Aerobics (PR) 11:30 Lunch at Huot's Seafood Restaurant (Camp Ellis) 3:00 Happy Hour! - Just Us Performs! (LR1)	10:00 BINGO (CR) 9 5:30 Communion (CR) 6:30 Canasta Club (CR)
<i>National Grandparents Day National Assisted Living Week 9/10- 9/16</i> 10 1:30 Pastry Social - Pastries, Tea, Coffee & Fruit Punch (LR1) 3:00 Cribbage Club (CR) 6:45 Poker Game (LR2)	<i>Patriot Day</i> 11 8:30 Salon Services (SS) 9:30 Aqua Aerobics (PR) 11:30 Pizzeria Monday (Dining Room) 2:00 Knitting Circle (CR)	8:00 Coffee & Donuts! (LR1) 12 9:30 Catholic Service (LR3) 9:30 Walking Group (LR1) 10:15 Sit & Be Fit (CR) 2:00 BINGO! (CR) 3:15 Bridge Club (CR) 6:45 Poker Game (LR2)	8:30 Salon Services (SS) 13 9:00 Aqua Aerobics (PR) 10:45 Shopping at Walmart (Biddeford) 3:00 Pet Therapy with Simba! (LR1) 3:30 Wine & Cheese - Dave Stone Performs! (LR1) 4:30 Friends & Family BBQ (CR/Patio)	<i>Happy Birthday Delphine!</i> 14 8:30 Salon Services (SS) 9:30 Walking Group (LR1) 10:15 Zumba Fitness with Sara! (CR) 2:00 BINGO (CR) 2:30 Ice Cream Social (CR) 3:15 Bridge Club (CR) 3:30 Music with Jeff Murdock (LR1) 6:45 Poker Game (LR2)	8:30 Salon Services (SS) 15 9:30 Aqua Aerobics (PR) 11:30 Lobster Bake (Dining Room) 3:00 Happy Hour! - Pip Trip Trio Performs! (LR1)	10:00 BINGO BUCKS! (CR) 16 5:30 Communion (CR) 6:30 Canasta Club (CR)
3:00 Cribbage Club (CR) 17 6:45 Poker Game (LR2)	8:30 Salon Services (SS) 18 9:30 Aqua Aerobics (PR) 1:00 Manicures with Ann & Danielle (CA) 2:00 Knitting Circle (CR) 3:00 Bea's Sing-A-Long (3:00)	9:30 Catholic Service (LR3) 19 9:30 Walking Group (LR1) 10:15 Sit & Be Fit (CR) 11:00 Dining Services Meeting (CR) 2:00 BINGO! (CR) 3:15 Bridge Club (CR) 6:45 Poker Game (LR2)	<i>Rosh Hashana Begins at Sundown</i> 20 8:30 Salon Services (SS) 9:00 Aqua Aerobics (PR) 10:45 Shopping & Errands 3:00 Pet Therapy with Simba! (LR1) 3:30 Wine & Cheese - Terrie Collins Performs! (LR1)	8:30 Salon Services (SS) 21 9:30 Walking Group (LR1) 10:15 Tai-Chi with Sara! (CR) 2:00 BINGO (CR) 3:15 Bridge Club (CR) 6:45 Poker Game (LR2)	<i>September equinox</i> 22 8:30 Salon Services (SS) 9:30 Aqua Aerobics (PR) 11:30 Lunch at CIA (Saco) 3:00 Happy Hour! - Larry Gowell Jr. Performs! (LR1)	10:00 BINGO (CR) 23 5:30 Communion (CR) 6:30 Canasta Club (CR)
2:00 Non - Denominational Worship Service (CR) 24 3:00 Cribbage Club (CR) 6:45 Poker Game (LR2)	8:30 Salon Services (SS) 25 9:30 Aqua Aerobics (PR) 1:00 Manicures with Ann & Danielle (CA) 2:00 Knitting Circle (CR) 3:30 Sing-A-Long (LR3)	9:30 Catholic Service (LR3) 26 9:30 Walking Group (LR1) 10:15 Sit & Be Fit (CR) 11:00 Activities Planning Meeting (CR) 2:00 BINGO! (CR) 3:15 Bridge Club (CR) 6:45 Poker Game (LR2)	8:30 Salon Services (SS) 27 9:00 Aqua Aerobics (PR) 10:45 Shopping at Walmart (Biddeford) 3:00 Pet Therapy with Simba! (LR1) 3:30 Wine & Cheese - Jose Duddy Performs! (LR1)	8:30 Salon Services (SS) 28 9:30 Walking Group (LR1) 10:15 Zumba Fitness with Sara! (CR) 2:00 BINGO (CR) 3:15 Bridge Club (CR) 6:45 Poker Game (LR2)	<i>Yom Kippur Begins at Sundown Happy Birthday Gabrielle!</i> 29 8:30 Salon Services (SS) 9:30 Aqua Aerobics (PR) 3:00 Happy Hour! - Tommy Bergier Performs! (LR1)	10:00 BINGO (CR) 30 5:30 Communion (CR) 6:30 Canasta Club (CR)

September 2017

Assisted Living Calendar

Movies: 7p.m., 2p.m. weekends, ch. 2. Calendar items may change without notice

