



Atlantic Heights Community Location



Welcome to Saco, Maine

Welcome to the Neighborhood

Coastal Maine has long been a favorite destination for vacationers, artists, sports enthusiasts, entrepreneurs, and people simply looking for a quality of life they cannot find elsewhere. Its unparalleled natural beauty, its rich history and the unique character of its people are just a few of the qualities that attract visitors and transplants from across the nation and around the globe.

Saco is ideally situated in the center of a vibrant region that offers year-round entertainment, shopping, outdoor activities and more. Whether you prefer the beach or the mountains, the buzz of the city or the quiet of the countryside, a gourmet meal or a church supper, you'll find your heart's desire is just minutes away.

Click on the following links to learn more about the history, culture and economy of the City of Saco:

[City of Saco, Maine](#)

[Saco Spirit](#)

[Biddeford-Saco Chamber of Commerce & Industry](#)

These are just a few of the arts, social, dining and retail opportunities available within a few minutes' travel from Atlantic Heights. Click on the links to learn more about what this wonderful area has to offer.



Performing Arts

[City Theater Associates](#)
[Seaglass Performing Arts](#)
[Portland Players](#)
[Portland Stage Company](#)
[Lyric Music Theater](#)

Dining

[Food in Portland](#)

Beaches

[Ferry Beach State Park](#)
[Biddeford Pool, Hills Beach](#)
[Cape Porpoise](#)

Museums

[Saco Museum](#)
[Seashore Trolley Museum](#)
[Victoria Mansion](#)
[Portland Museum of Art](#)
[Wadsworth-Longfellow House](#)

Transportation

[Portland International Jetport](#)
[Amtrak Downeaster](#)
[ShuttleBus](#)

Retail

[Downtown Saco](#)
[Maine Mall](#)
[Portland's Downtown District](#)

Lodging

[Holiday Inn Express](#)

Health & Fitness

[Saco Bay Trails](#)

Education

[Osher Lifelong Learning Institute](#)
[York County Senior College](#)
[Saco — OOB Adult Education](#)