



Sea Rose

STUDIO APARTMENT
APPROX. 359 SQ. FEET*

**All square footage estimated based on architectural drawings.*



The Inn
Apartment Assisted Living

100 Harbor Drive, Saco, Maine 04072 | 207-283-3022 | Toll-Free 800-874-6990

www.atlanticheightsmaine.com



Sea Rose

THE SEA ROSE APARTMENT FEATURES MANY AMENITIES TO ENHANCE YOUR LIFESTYLE. THESE INCLUDE:

Your Apartment Amenities

Studio living includes a private bathroom with a low-rise shower and safety features
 Kitchenette with refrigerator, sink and microwave
 Wired for telephone, cable and high-speed internet access
 24-hour emergency response system
 Smoke and fire detection system
 Individual thermostat control
 Wall-to-wall carpet

Your Community Amenities

Covered entrance
 Gracious hospitality center
 Three floors of gracious apartment living
 Air-conditioned common areas
 Fitness center with scheduled classes
 Indoor heated aerobic pool with scheduled classes
 Jacuzzi
 Men's & Ladies' locker room
 Restaurant-style dining
 Café with wireless laptop computers and internet service

Beauty/barber salon with day spa services
 Gift/convenience shop
 Outdoor patio & garden with water feature and covered porches
 Outdoor walking path
 Gracious living room with two fireplaces and baby grand piano
 Multi-purpose rooms for meetings, lectures, arts, crafts, movies & special events
 Resident laundry rooms
 Commercial laundry services
 Spa with whirlpool
 Cozy living/sitting rooms throughout the second and third floor for resident/guest use
 Health and wellness center

Monthly Services

(included in monthly rate)*
 Concierge services
 Thirty minutes of personal assistance per day
 Housekeeping weekly
 Laundry services (flat linen) weekly
 Restaurant-style dining with three chef-prepared meals
 Scheduled local transportation

24-hour on-site staff and emergency response
 Coordination of services and therapies
 Personalized service plans developed in collaboration with you
 Maintenance services for your apartment, community and grounds including regular scheduled preventative maintenance
 An extensive life enrichment calendar for your pleasure, offering social, cultural, spiritual and educational events
 Snacks and beverages available 24 hours a day
 Access to wellness & health center seven days a week
 Use of indoor, heated aerobic pool and fitness center
 Comprehensive health assessments and screenings
 Trash & recycling services
 Electricity
 Heat
 Water and sewer
 Snow removal
 Property tax
 Building insurance

PRIORITY ACCESS TO SEAL ROCK HEALTHCARE, IF NEEDED, FOR SKILLED REHABILITATION OR LONG-TERM CARE SERVICES.

*Additional assistance available. See Service Plans.

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