



Nautilus

COMPANION SUITE APARTMENT

APPROX. 404 SQ. FEET*

**All square footage estimated based on architectural drawings.*



The Inn

Apartment Assisted Living

100 Harbor Drive, Saco, Maine 04072 | 207-283-3022 | Toll-Free 800-874-6990

www.atlanticheightsmaine.com



Nautilus

THE NAUTILUS APARTMENT FEATURES MANY AMENITIES TO ENHANCE YOUR LIFESTYLE. THESE INCLUDE:

Your Apartment Amenities

Companion Suite Apartments offer a furnished, private studio living space and a shared bathroom with a low-rise shower and safety features
Kitchenette with refrigerator, sink and microwave
Wired for telephone, cable and high-speed internet access
24-hour emergency response system
Smoke and fire detection system
Individual thermostat control
Wall-to-wall carpet

Your Community Amenities

Covered entrance
Gracious hospitality center
Three floors of gracious apartment living
Air-conditioned common areas
Fitness center with scheduled classes
Indoor heated aerobic pool with scheduled classes
Jacuzzi
Men's & Ladies' locker room
Restaurant-style dining
Café with wireless laptop

computers and internet service
Beauty/barber salon with day spa services
Gift/convenience shop
Outdoor patio & garden with water feature and covered porches
Outdoor walking path
Gracious living room with two fireplaces and baby grand piano
Multi-purpose rooms for meetings, lectures, arts, crafts, movies & special events
Resident laundry rooms
Commercial laundry services
Spa with whirlpool
Cozy living/sitting rooms throughout the second and third floor for resident/guest use
Health and wellness center

Monthly Services

(included in monthly rate)*
Concierge services
Thirty minutes of personal assistance per day
Housekeeping weekly
Laundry services (flat linen) weekly
Restaurant-style dining with three chef-prepared meals

Scheduled local transportation
24-hour on-site staff and emergency response
Coordination of services and therapies
Personalized service plans developed in collaboration with you
Maintenance services for your apartment, community and grounds including regular scheduled preventative maintenance
An extensive life enrichment calendar for your pleasure, offering social, cultural, spiritual and educational events
Snacks and beverages available 24 hours a day
Access to wellness & health center seven days a week
Use of indoor, heated aerobic pool and fitness center
Comprehensive health assessments and screenings
Trash & recycling services
Electricity
Heat
Water and sewer
Snow removal
Property tax
Building insurance

PRIORITY ACCESS TO SEAL ROCK HEALTHCARE, IF NEEDED, FOR SKILLED REHABILITATION OR LONG-TERM CARE SERVICES.

*Additional assistance available. See Service Plans.

100 Harbor Drive, Saco, Maine 04072 | 207-283-3022 | Toll-Free 800-874-6990
www.atlantichightsmaine.com



The Inn
Apartment Assisted Living